**True Cleanliness**

*Mark 7: 1 – 23*

1.  Outline again the progression of the Pharasaical approach to God's commandments in vv. 8 - 13.  What are some man-made rules in our church that we mistakenly think will bring us true cleanliness?  How about in your own life?

2.  How many times is defiled repeated in this passage, and what is the context each time it is used?  Minister Henry preached that following man-made rules fails to bring true cleanliness. How have you seen this failure in your experience or other people's experiences?

3.  Is it easy or hard for you to trust in Jesus for true cleanliness?  Was it or has it been a process?  Look at the sins in vv. 21 - 22.  Which defilement do you need to trust in the Holy Spirit the most for cleanliness, and what are some practical ways that you can trust in Him?